WASHINGTON UNIFIED SCHOOL DISTRICT

Mental Health Resources

If you or someone you know may be struggling with suicidal thoughts, you can call

U.S. National Suicide Prevention Lifeline

(800) 273- 8255

Central Valley Suicide Prevention Hotline 1-888-506-5991	**Community Behavioral Health Center:** 559-449-8000	Fresno Rescue Mission 559-268-0839
National Suicide Prevention Hotline 1-800-273-8255	Central Star Youth Psychiatric Health Facility: 559-600-2382	Poverello House (559)498-6988
DBH Mental Health Access Line: (24/7) 1-800-654-3937	Fresno Police (559) 621-7000	Central California Legal Services 559-570-1200 or 1-800-464-3111
Urgent Care Wellness Center (Psychiatric Services) (559) 600-9171	Clovis Police (559) 324-2800	EOC Sanctuary Youth Services (Teen Shelter) 559-498-8543 or 1-800-820-4968
Fresno County Department of Behavioral Health (559) 600-4099	Fresno County Sheriff's Office 559-600-8400	Comprehensive Youth Services of Fresno 559-229-2000
Fresno County Department of Behavioral Health – Family Advocate: (559) 600-6734	Child Protective Services (24hrs) 559-600-8320	Holistic Cultural and Educational Wellness Center 559-255-8395
Exodus Crisis Stabilization Center (Adults): (559) 512-8335	Adult Protective Services (24hrs) 559- 600-3383	Blue Sky Wellness Center (daily drop-in center/ support groups) 559-230-2501
Exodus Crisis Stabilization Center (Child/Youth): (559) 512-8700	First Onset Team (First Psychosis – DBH) 559-600-4099	Fresno County Resources & Information: 2 1 1
Exodus Psychiatric Health Facility: (559) 453-5199	Marjoree Mason Center (24hrs) 559-233-4357	Centro La Familia 559-237-2961